

Holiday Activity - April 6th - 9th

Each colour is a different time of day
Freeview channel 7

	TUESDAY 6th	WEDNESDAY 7th	THURSDAY 8th	FRIDAY 9th
Name	The Get up and Go Show			
7-8AM 4-8 years old content	Dance Courtney	HIIT Fitness Gavin and Katie	Ball skills AnneMarie from Hat trick	Teesaurus Park with Redcar Dino Neil and Beau
	Easter Arts and Crafts Cheryl and Dawn	Baking and Cookery Kristen and Katie	Gardening Juliet	Storytime Joanne, Pam, Donna
	Lanuages - spanish Rosie	Donkey Day Marie	Lanuages - French Rosie	Circus Skills - juggling Wilf and Freya
	Baking Cupcakes Vaughan	Storytime Alex - Unfolding Theatre	Story Explorers Sarah and Ashleigh	Interactive emotions activity Jo - repeat for kids
Name	The L.C - The Lunchtime Club			
13.00 - 13.30 9-12 years old	Circus Skills Wilf and Freya	Bushcraft Kids Kabin	Ball skills Jordan and Lewis, Hat trick	Music Lesson How to play...
	Cooking a Jacket Potato Anthony - MFC	Archaeological Dig - test pit Rosie	Archaeology - sorting finds Rosie	Arts and Crafts Jack and Angela
Name	Holiday Hub			
19.00-20.00 13-18 years old	Dance Fitness Kari	Boxing Fitness Jamie - sporting chance	HIIT Fitness Gavin and Katie	Ball skills/social media Michelle, Hat trick
	Local History Rosie	Mindfulness Joe	Cookery - Turkey Burger Lena and Andrew	Yoga Rosie from Shanti Bee
	Music Live Music recording Lake Poets	Cookery Competition Stacey from Bostey	Yoga/relaxation Rosie from Shanti Bee	Crafts/recycling Michelle
	Mindfulness/Relaxation Claire	Cookery - Pizza Lena and Andrew	Circus Skills - handstand Wilf and Freya	Mindfulness/Relaxation Claire